

For freedom Christ has set us free; stand fast therefore, and do not submit again to a yoke of slavery. —Galatians 5:1

You have received healing and a new freedom through Christ during your Agape Prayer Ministry session. Praise God for the new life you have in Him. Remember, though, that your enemy, Satan, would like to steal your healing and freedom.

The following suggestions will help you overcome Satan and hold on to your victory, so they should become a regular pattern of daily living!

1. PUT ON THE WHOLE ARMOR OF GOD

Ephesians 6:10-18, 2 Corinthians 10:3-6

A Roman soldier did not go into battle without armor. Paul reminds us that we contend against Satan and his hosts. Therefore, we must not go into battle without protection. We need to put on the armor of God every morning as we arise:

Helmet of Salvation

Romans 12:2, Ephesians 4:23, 1 Corinthians 2:16

The helmet protects our minds, which are the battleground for spiritual warfare. From Satan and the flesh come evil thoughts. We don't need to give in to evil thoughts. We can replace them with God's thoughts and ask the Lord to renew our minds and remind us that we have the mind of Christ.

Breastplate of Righteousness

Romans 3:21-26, 2 Corinthians 5:21

The breastplate protects our hearts. We are righteous because Christ is righteous and lives in us. This is a free gift received by faith because of Jesus' death.

Belt of Truth

Psalm 119:160, John 17:17, 1 Timothy 2:4, 2 Timothy 2:15

The belt holds all the armor in place by the truth of God's Word. Our motivations for what we say and do must be rooted in the truth and not in our feelings.

Shoes fitted with readiness from the Gospel of Peace

John 14:27, 1 Peter 3:15, Luke 12:11-12

Roman soldiers often were involved in hand-to-hand combat. Their shoes not only protected their feet but were important for keeping balance. The Peace of God not only protects us when others grow faint but it gives us balance during the trials of life. We can be ready to share the Gospel because Christ is ready to speak through us.

Shield of Faith

Hebrews 11:1-2, James 4:7

The shield protects our whole being. The shield used by Roman soldiers was large enough to hide behind when barraged by enemy arrows. Our shield of faith will extinguish the arrows of Satan's attacks

Sword of the Spirit

Luke 4:1-13, Hebrews 4:12

The sword is the Word of God. It is both a defensive and an offensive weapon. We can counter Satan's lies and deceptions with the truth and promises of God's Word. The Word reveals what is of God and what is not.

Cross of Jesus

Roman soldiers carried a banner into battle. Our banner is the Cross of Christ. It represents the depth of God's love and the victory Jesus won for us. This cross goes before us in all that we do. It reminds us whose we are.

2. CONFESS YOUR FAITH IN CHRIST/ TRUST HIM FULLY

Romans 10:10, Deuteronomy 31:6, Colossians 1:15-20, Romans 8:37-39

Jesus shed His blood so that we might have wholeness of body, mind, and spirit. He never leaves us or forsakes us. He is over all and in Him all things hold together. Nothing can separate us from His love. Therefore, we can be victorious and overcome the enemy.

3. FEED ON GOD'S WORD

Psalm 119:1-16

When Jesus was tempted by Satan, He responded with God's truth. We can overcome Satan's attempts to steal away God's provision by knowing and believing God's promises. We need to be receiving spiritual nourishment daily. We need to set aside time each day for reading and digesting God's Word.

4. CONFESS YOUR SIN

1 John 1:8-9, Psalm 103:10-12

When you become aware of having yielded to a desire of the flesh or temptation from Satan, confess the sin, receive forgiveness, and be cleansed. Satan then has no right to accuse or resurrect guilt or condemnation. Keep short accounts with God. If you feel harassed, tell Satan to look at the blood shed at the cross for you.

5. WALK BY THE SPIRIT AND CRUCIFY THE FLESH

Galatians 5:16-24; Colossians 3:1-10, 2 Corinthians 5:17, Romans 6:1-4, 2 Peter 1:3-4

We fight a constant battle with the desires of the flesh. The old nature has been crucified with Christ but we must continue to walk by the Spirit and crucify the flesh. We must break old habit patterns and live out of our new identity in Christ. This is a daily experience of making choices for Christ. We must be mastered by God and not by sin.

6. RESIST SATAN

James 4:7, Galatians 5:1

We also fight an ongoing battle with Satan and his hosts, but we have been given power and authority to resist Satan and evil desires as we submit to God. God has given us the victory; Christ has set us free. Don't let Satan draw you back into bondage. Pray daily to be able to discern the enemy and his tactics.

7. TAKE HOLD OF GOD'S TRUTH

John 14:16-17, 2 Corinthians 10:4-5, Philippians 4:8, 2 Thessalonians 2:9-14

Satan is the father of lies and a master at distorting the truth. As a result we may have false concepts or images about God, ourselves, and others that need to be corrected. Cling to the truth as revealed in the Scriptures. Review passages indicating who you are in Christ on a daily basis. (See "Who I Am in Christ" brochure.) Ask the Holy Spirit to remind you of the truth God has revealed to you and that He would continue to reveal His truth to you.

8. PRAY AND PRAISE

1 Thessalonians 5:16-18, Ephesians 5:18-20, Philippians 4:6-7, Hebrews 13:15

Prayer is two-way communication. We need to talk to God and also to hear from Him. Our relationship with God grows when we communicate with Him. Therefore, it is helpful to have a quiet place and time with the Lord each day. We can also pray throughout the day. To develop a relationship with anyone it takes time and effort. Praise takes our eyes off ourselves, the world, our situation, the devil, and directs our attention towards God. Our praise becomes a sacrifice when we offer it, even when we don't feel like it.

9. GIVE YOURSELF IN SERVICE

Luke 6:38, Luke 9:24, 1 Corinthians 12:1-31

When we give ourselves in service, it keeps us from concentrating on ourselves and there is less opportunity for Satan to oppress us with fears, grief, and resentments. It will also strengthen our faith. As we experience God ministering to others through us, we are drawn closer to Him who is our Source. It is important that each of us becomes a functioning part of the Body of Christ.

10. STAY IN FELLOWSHIP WITH BELIEVERS

Romans 1:11-12, Hebrews 10:24-25, Romans 12: 9-21, 1 John 2:9-11

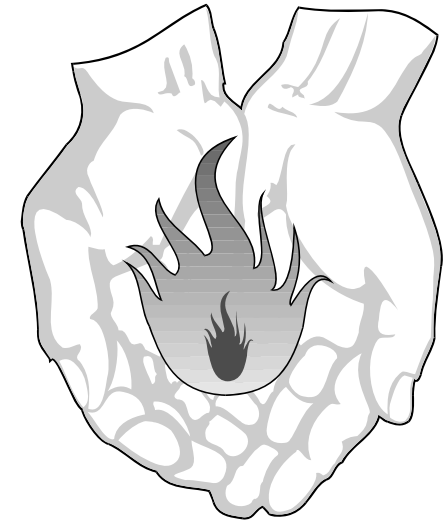
God ministers to us through His Body, the fellowship of believers. Through them we are encouraged, strengthened, and fed. If we become distant from the Body, our relationship with the Lord is seriously hindered. Everyone needs the close fellowship of believers and should be a part of a small prayer and sharing group, as well as faithfully participating in the worship services of the church. Love one another and don't allow bitterness or resentment to grow between you.

11. COMMIT YOURSELF TO THE LORD

Romans 12:1-2, Proverbs 3:5-6, Proverbs 16:3

God calls for total commitment. He wants all of you and in return gives you everything you need. Each morning as you wake up, place yourself in His care and recommit yourself—body, soul, and spirit—to Him. Be a willing channel that He might do His will through you. Each night before falling asleep, place yourself again in His care so that He can protect you while you sleep.

HOW TO HOLD



YOUR VICTORY

Printed by
Agape Prayer Ministry
www.agapeprayerministry.com